

# RAMSDALE PARK

## Breakfast Menu



Welcome, we have a great selection of tasty breakfasts for you to choose from. Whether you choose to savour a light bite with a coffee, or tuck in to something more substantial - we look forward to serving you today...

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### FULL ENGLISH BREAKFAST\* 1241Kcal **£12.75**

Two rashers of back bacon, Cumberland sausages, hash brown, grilled tomato, two fried eggs, flat mushroom, baked beans & toast

### VEGETARIAN BREAKFAST\* (V) 865Kcal **£11.00**

Vegan sausages, grilled tomato, hash brown, two fried eggs, flat mushroom, crushed avocado, baked beans & toast

### VEGAN BREAKFAST\* (VE) 751Kcal **£11.00**

Vegan sausages, grilled tomato, hash brown, flat mushroom, crushed avocado, baked beans with a slice of ciabatta

### SMALL BREAKFAST\* 671Kcal **£9.25**

Cumberland sausage, bacon, baked beans, fried egg, flat mushroom & toast

### EGGS BENEDICT\* 535Kcal **£9.00**

Toasted muffin, British honey roast ham, poached eggs & Hollandaise sauce

We pride ourselves in only serving free-range eggs in our dishes



### BREAKFAST EXTRAS

ADD ONE OR MORE OF THE FOLLOWING TO YOUR COOKED BREAKFAST...

#### £2.00

Cumberland sausage 233Kcal

Back bacon 120Kcal

Crushed avocado 86Kcal

Eggs (scrambled 66Kcal, poached 66Kcal, or fried 90Kcal)

#### £1.00

Baked beans 111Kcal

Toast 94Kcal

Hash brown 116Kcal

Grilled tomato 22Kcal

Flat mushroom 17Kcal

\*ADD A GLASS OF EAGER FRESH JUICE 81Kcal  
FOR JUST £2.45  
WITH EVERY COOKED BREAKFAST PURCHASE.  
(VARIETY OF FLAVOURS AVAILABLE)

### SANDWICH **£5.95**

With bacon 502Kcal  
or Cumberland sausage 728Kcal  
or Vegan sausage 495Kcal



### FLOURED BAP **£5.95**

With bacon 511Kcal  
or Cumberland sausage 737Kcal  
or Vegan sausage 504Kcal

UPGRADE TO CIABATTA BREAD 332Kcal FOR £2.00

### TOAST **£5.25**

WITH YOUR CHOICE OF ANY ONE OF THE FOLLOWING

Baked beans 373Kcal / Flat mushrooms 290Kcal

/ Crushed avocado 433Kcal / Cheddar cheese 444Kcal

/ Scrambled egg 442Kcal / Fried egg 483Kcal

/ Poached egg 442Kcal / British honey roast ham 297Kcal

### TOAST WITH JAM (V) 367Kcal **£2.95**

### TOASTED TEA CAKE (V) 418Kcal **£3.10**

### PORRIDGE (V) 472Kcal **£4.50**

Topped with seasonal berries and your choice of honey, golden syrup or maple syrup

### THE CAFÉ



#### REGULAR

#### LARGE

Americano **£2.75** 5Kcal **£3.05** 10Kcal

Cappuccino **£3.15** 109Kcal **£3.65** 154Kcal

Café Latte **£3.15** 109Kcal **£3.65** 154Kcal

Macchiato **£3.15** 109Kcal **£3.65** 154Kcal

Espresso **£2.70** 5Kcal **£2.90** 10Kcal

Hot Chocolate **£3.10** 268Kcal **£3.50** 308Kcal

English Breakfast Tea **£2.70** 0Kcal **£3.15** 0Kcal

Herbal Tea **£3.05** 0Kcal **£3.30** 0Kcal

(Earl Grey, Camomile, Peppermint, Green tea, Red bush, Jasmine, Lemongrass & ginger)

ADD A TOASTED TEA CAKE (V) 251Kcal  
TO YOUR HOT DRINK FOR JUST £2.45

All our dishes may contain traces of nuts and other allergens. Please advise your server if you have any allergies. Full written allergy and intolerance information is available.

Adults need around 2000Kcal a day

(V) Vegetarian (VE) Vegan  
(GF) Gluten Free

