



RAMSDALE PARK

Events • Golf • Family



BREAKFAST MENU

Welcome, we have a great selection of tasty breakfasts for you to choose from. Whether you choose to savour a light bite with a coffee, or tuck in to something more substantial - we look forward to serving you today...

FULL ENGLISH BREAKFAST* 1300Kcal **£12.75**

Two rashers of back bacon, Cumberland sausages, hash brown, grilled tomato, two fried eggs, flat mushroom, baked beans & toast

VEGETARIAN BREAKFAST* (V) 908Kcal **£11.00**

Vegan sausages, grilled tomato, hash brown, two fried eggs, flat mushroom, crushed avocado, baked beans & toast

VEGAN BREAKFAST* (VE) 738Kcal **£11.00**

Vegan sausages, grilled tomato, hash brown, flat mushroom, crushed avocado, baked beans with a slice of ciabatta

SMALL BREAKFAST* 726Kcal **£9.25**

Cumberland sausage, bacon, baked beans, fried egg, flat mushroom & toast

EGGS BENEDICT* 574Kcal **£9.00**

Toasted muffin, British honey roast ham, poached eggs & Hollandaise sauce

CRUSHED AVOCADO & POACHED EGGS* (V) 579Kcal **£9.00**

Poached eggs set on crushed avocado & red onion, served on toasted ciabatta

We pride ourselves in only serving free-range eggs in our dishes



BREAKFAST EXTRAS

ADD ONE OR MORE OF THE FOLLOWING TO YOUR COOKED BREAKFAST...

£2.00

Cumberland sausage 236Kcal
Back bacon 119Kcal
Crushed avocado 85Kcal

£1.00

Baked beans 111Kcal
Toast 78Kcal
Hash brown 116Kcal
Grilled tomato 16Kcal
Flat mushroom 10Kcal
Spinach 8Kcal
Eggs (scrambled 86Kcal, poached 86Kcal, or fried 106Kcal)

WITH EVERY COOKED BREAKFAST PURCHASED:

*ADD A GLASS OF EAGER FRESH JUICE 81Kcal **FOR £2.45**
(Variety of flavours available)

*ADD A REGULAR HOT DRINK FOR **£2.45**

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SANDWICH **£5.95**

With bacon 456Kcal
or Cumberland sausage 690Kcal
or Vegan sausage 450Kcal



FLOURED BAP **£5.95**

With bacon 509Kcal
or Cumberland sausage 743Kcal
or Vegan sausage 503Kcal

UPGRADE TO CIABATTA BREAD 332Kcal **FOR £1.75**

TOAST **£5.25**

WITH YOUR CHOICE OF ANY ONE OF THE FOLLOWING

Baked beans 329Kcal / Flat mushrooms 227Kcal
/ Crushed avocado 388Kcal / Cheddar cheese 399Kcal
/ Scrambled egg 390Kcal / Fried egg 440Kcal
/ Poached egg 390Kcal / British honey roast ham 252Kcal

TOAST WITH JAM (V) 317Kcal **£2.95**

TOASTED TEA CAKE (V) 409Kcal **£3.10**

PORRIDGE (V) 443Kcal **£4.50**

Topped with seasonal berries and your choice of honey, golden syrup or maple syrup

THE CAFÉ



REGULAR

LARGE

Americano	£2.75 5Kcal	£3.05 10Kcal
Cappuccino	£3.15 109Kcal	£3.65 154Kcal
Café Latte	£3.15 109Kcal	£3.65 154Kcal
Macchiato	£3.15 109Kcal	£3.65 154Kcal
Espresso	£2.70 5Kcal	£2.90 10Kcal
Hot Chocolate	£3.10 268Kcal	£3.50 308Kcal
English Breakfast Tea	£2.70 0Kcal	£3.15 0Kcal
Herbal Tea	£3.05 0Kcal	£3.30 0Kcal
(Earl Grey, Camomile, Peppermint, Green tea, Red bush, Jasmine, Lemongrass & ginger)		

ADD A TOASTED TEA CAKE (V) 409Kcal
TO YOUR HOT DRINK FOR JUST **£2.45**

All our dishes may contain traces of nuts and other allergens.

Please advise your server if you have any allergies. Full written allergy and intolerance information is available. Adults need around 2000Kcal a day

(V) Vegetarian (VE) Vegan (GF) Gluten Free