

LIGHT BITES

NACHOS (V) 873Kcal £8.25

Topped with melted cheese, jalapeños, red onion, peppers, soured cream, guacamole & salsa - Add BBQ pulled pork (200Kcal) for an extra £2.25

VEGAN NACHOS (V) (VE) 765Kcal £8.25

Topped with vegan cheese, jalapeños, red onion, peppers, guacamole & salsa - Add vegan BBQ Jackfruit (109Kcal) for an extra £2.25

JAPANESE CHICKEN KARAAGE IN HOISIN SAUCE 276Kcal £5.75

With salad and toasted sesame seeds

COD & CRAB CROQUETTES 479Kcal £6.75

With tartare sauce

CORN RIBS (V) x6 313Kcal £4.00 x12 454Kcal £7.00

Slightly seasoned in paprika with dairy free spread & BBQ sauce

ROSEMARY & GARLIC FOCACCIA (V) 485Kcal £4.00

Served with olive oil & balsamic vinegar

LOADED CHEESY CHIPS (V) 665Kcal £5.45

Topped with melted cheese, peppers, onions & sweet chilli sauce
Add BBQ pulled pork (200Kcal) for an extra £2.25

HASSELBACK POTATOES (V) 378Kcal £5.75

With salad garnish

Add cheddar cheese (122Kcal) or cheddar cheese and bacon (182Kcal) for an extra £2.00

CHIPS (V) 333Kcal £4.00

Add cheddar cheese (122Kcal) or cheddar cheese and bacon (182Kcal) for an extra £2.00

SEE BOARD FOR DAILY SPECIALS

LAGER & CIDER

| | Pint |
|--------------------------|--------|
| BIRRA MORETTI 4.6% | £5.95 |
| GUINNESS 4.1% | £6.00 |
| CRUZCAMPO 4.4% | £5.75 |
| BEAVERTOWN NECK OIL 4.3% | £6.25 |
| | Bottle |
| BULMERS 568ml 4.5% | £5.50 |
| OLD MOUT CIDER 500ml 4% | £5.95 |
| HEINEKEN 0 330ml 0% | £5.75 |
| DESPERADOS 330ml 5.9% | £4.95 |

SPIRITS

| | 40% | 25ml |
|----------------|-------|------|
| JACK DANIEL'S | £3.75 | |
| GORDON'S | £3.50 | |
| GORDON'S PINK | £3.75 | |
| CAPTAIN MORGAN | £3.50 | |
| BACARDI | £3.50 | |
| SMIRNOFF | £3.50 | |

WE ALSO HAVE OTHER SPIRITS
& SOFT DRINKS AVAILABLE
ASK A MEMBER OF THE TEAM FOR
THE LATEST DRINKS ON OFFER

PIZZA

MARGHERITA (V) 843Kcal £11.75

Mozzarella with tomato sauce

PEPPERONI 1059Kcal £12.75

Mozzarella & pepperoni

PIRI PIRI CHICKEN 1015Kcal £12.75

Mozzarella, piri piri chicken, red onions, peppers & jalapeños

BBQ PULLED PORK 1051Kcal £12.75

BBQ pulled pork, mozzarella, red onion & fresh rocket

GARDEN (V) 871Kcal £12.75

Mozzarella, red onions, peppers, tomatoes, mushroom & sweetcorn

PANINIS & FLATBREAD

TUNA CRUNCH, RED ONIONS, PEPPERS & MOZZARELLA PANINI 751Kcal £8.00

MEDITERRANEAN VEGETABLES, PESTO & MOZZARELLA PANINI (V) 746Kcal £8.25

HUNTERS CHICKEN PANINI 862Kcal £8.75

Chicken breast with bacon, cheddar cheese & BBQ sauce

CHICKEN TIKKA IN FOLDED TOASTED FLATBREAD 672Kcal £10.25

Served with watercress, mint yoghurt sauce & pomegranate seeds

BEETROOT FALAFEL IN FOLDED TOASTED FLATBREAD (V) 717Kcal £10.25

Served with watercress, mint yoghurt sauce & pomegranate seeds

Add chips (260kcal) to your panini, flatbread or burger for £2.00

BURGERS

BACON & CHEESE

Beef burger in a toasted brioche bun with bacon, cheese, baby gem lettuce mayonnaise, tomato & gherkins

903Kcal
£11.50

PIRI PIRI CHICKEN

Piri Piri chicken in a toasted brioche bun with baby gem lettuce mayonnaise, tomato & gherkins

700Kcal
£11.50

BBQ PULLED PORK

BBQ pulled pork in a toasted brioche bun with baby gem lettuce, tomato & gherkins

729Kcal
£11.50

VEGAN BURGER (V) (VE)

Moving Mountain burger in a toasted brioche style bun with vegan cheese, vegan mayonnaise, tomato & gherkins

459Kcal
£11.50

BURGER SHARERS

4 X 4oz BEEF BURGERS CHIPS & SALAD

£26.50

2 X 4oz BEEF BURGERS CHICKEN STRIPS CHIPS & SALAD

£26.50

DOWNLOAD & ORDER VIA OUR APP



LAVAZZA
TORINO, ITALIA, 1895
Regular Large

SOFT DRINKS

| | 1/2 Pint | Pint |
|------------------------------|------------|-------|
| COCA-COLA 112Kcal/239Kcal | £2.25 | £3.75 |
| DIET COKE 1Kcal/2Kcal | £2.25 | £3.75 |
| LEMONADE 30Kcal/63Kcal | £2.25 | £3.75 |
| | Bottle/Can | |
| APPLETISER 275ml | £3.50 | |
| FROBISHERS FUSION 275ml | £3.75 | |
| FROBISHERS SPARKLING 250ml | £3.75 | |
| TONIC & SLIMLINE TONIC 200ml | £2.95 | |
| RED BULL 250ml | £3.75 | |

TEA & COFFEE

| | 5Kcal/10Kcal | £2.75 | £3.05 |
|-----------------------|-----------------|-------|-------|
| AMERICANO | 5Kcal/10Kcal | £2.75 | £3.05 |
| CAPPUCCINO | 109Kcal/154Kcal | £3.15 | £3.65 |
| CAFE LATTE | 109Kcal/154Kcal | £3.15 | £3.65 |
| MACCHIATO | 109Kcal/154Kcal | £3.15 | £3.65 |
| ESPRESSO | 5Kcal/10Kcal | £2.70 | £2.90 |
| HOT CHOCOLATE | 268Kcal/308Kcal | £3.10 | £3.50 |
| ENGLISH BREAKFAST TEA | 0Kcal | £2.70 | £3.15 |
| HERBAL TEA | 0Kcal | £3.05 | £3.30 |

All our dishes may contain traces of nuts and other allergens. Please advise your server if you have any allergies. Full written allergy and intolerance information is available. ADULTS NEED AROUND 2000KCAL A DAY

THE RANGE BAR @ RAMSDALE PARK



TRACKMAN

FOR A BETTER GAME